

## Addictions Counsellor

### Addictions Counsellor – 12 Step

General: Reporting to the Clinical Director, the Addictions Counsellor guides the progress of patients through a progression of recovery steps and is responsible for the implementation of a full range of counselling services consistent with the philosophy and intent of Aurora Recovery Centre (ARC).

### Description of Position

- Assess, counsel, and seek consult for personal, family, and work related problems related to the patient's addiction and co-occurring mental health disorders.
- Screen/assess for self-harm/risk factors and create safety plans with patients.
- Develop interventions and treatment plans with patients using a patient-centered approach.
- Facilitate psycho-educational groups.
- Monitor patient activity, identify treatment needs of patients, and ensure managers and co-workers are aware of the same.
- Provide conflict resolution and problem solving for patients.
- Provide support and advocacy for patients.
- Determine need for additional support post-treatment and identify resources for patients.
- Be available after hours to provide on-call support to patients post-discharge.
- Complete all patient file documentation in accordance with ARC policies and procedures.
- Work collaboratively with multi-disciplinary team and in the best interest of the patients.
- Attend team meetings, clinical supervision, and staff training as directed.

## Qualifications

- A minimum of 3 years of active participation in 12 step programming for addictions either as a person in recovery or affected person (also in recovery).
- Training and demonstrated skill in at least one clinical modality (12 step, Motivational Interviewing, Solution-focused etc.)
- Demonstrated knowledge of the concepts of resistance, engagement, and resilience as these relate to people with addictions and co-occurring mental health disorders.
- Possess an empathic presence balanced by assertiveness and willingness to probe.
- Demonstrated experience with goal setting and problem solving.
- Demonstrated ability and willingness to work as a team.
- Be committed to supporting the philosophy and intent of ARC.

## Physical Demands and Working Conditions

Must be in good physical and mental health. May encounter aggressive and/or agitated patients/visitors. May be exposed to infectious diseases, blood and body fluids, toxic materials, noise, allergens, and physical and emotional stress. May be occasionally required to work extended hours. May be required to work evening and weekend shifts.

Please submit your resume to:

### Shirley Finnbogason-Yaremus

Accounting Manager

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